



MAKE THE PUTT

with Marius Filmlter, Marius Golf, Dallas, Tex., www.mariusgolf.com



Marius Filmlter
Your Tour Putting Coach

Beat the Green Freeze

Free your stroke—*NOW!*

THIS STORY IS FOR YOU IF...

1. YOU FREEZE OVER PUTTS.
2. YOU DON'T KNOW HOW TO INITIATE YOUR STROKE.

THE PROBLEM

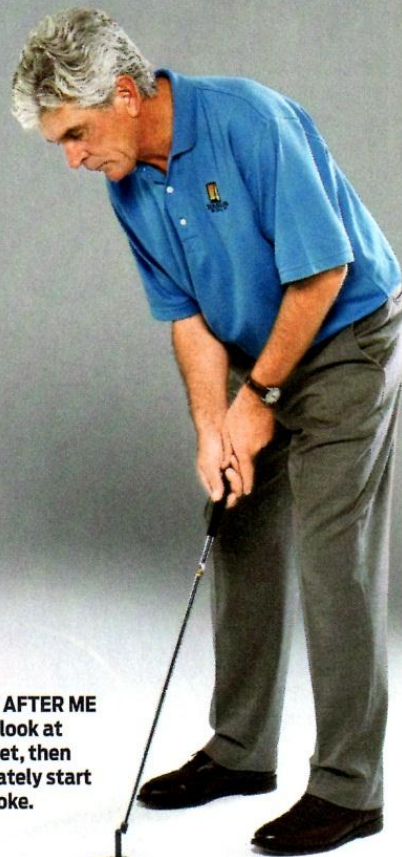
Remember when Sergio Garcia couldn't stop gripping and regripping his club? I once counted 23 regrips! This is the ultimate example of freezing over the ball, but it's actually more common on putts. If this sounds like you, your problem is that you don't know how to start your stroke. You need a specific cycle or pattern to free it up. You also need to stop worrying about the outcome.

THE DRILL

I have a very simple drill you can use to overcome the freeze, which will both free your mind from doubt as you stand over the ball and also loosen up your putting. Try it with an eye toward feeling free, and your confidence—along with your results on the green—should improve dramatically.

ANTI-FREEZE PRACTICE

1. Line up nine balls on the green, as shown.
2. Step into the first one, look at the hole, and hit the putt.
3. As soon as the ball is on its way, step to the next ball and, without looking at the cup, make your stroke.
4. Repeat this method until all nine balls are gone. Don't worry about where the next ball is going each time, just continuously step to the next ball and smoothly make your putting stroke.
5. After a couple of turns with this drill, perform the entire cycle (step, look, putt) with each ball, individually. Once you feel this cycle is ingrained, take it to the course and putt with confidence.



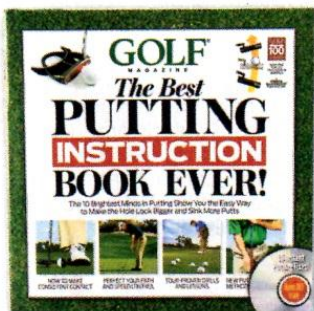
REPEAT AFTER ME
Step in, look at the target, then immediately start your stroke.

golf.com/putting



Watch a video of this lesson and learn more about the game's premier putting expert, Marius Filmlter.

PHOTOGRAPHY: ANGLUS MURRAY



The Best Putting Instruction Book Ever!

The latest in the line of *Golf Magazine's* best-selling instruction manuals offers all you need to make the hole look bigger and to sink more putts. Authored by the 10 foremost authorities on the stroke, including Marius Filmlter, Mike Shannon and Dr. Craig Farnsworth, *The Best Putting Instruction Book Ever!* is the single greatest collection of useful putting tips and lessons the game has ever seen. Over 175 pages of tips and lessons with hundreds of full-color photographs and matching video lessons that you can watch on golf.com. Available at your favorite bookstore and golf.com/bestputting.

