



MAKING THE PUTT

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Marius Filmatter
Your Tour putting coach

How to Check If Your Stroke is Smooth

Knowing the answer can help you cure your yips for good

THIS STORY IS FOR YOU IF...

1. YOU THINK YOU HAVE THE YIPS.
2. YOUR PUTTING STROKE ISN'T SMOOTH.

THE PROBLEM

Your putting is typically poor because you have a basic form of the yips—forcing the putterhead to speed up suddenly during your stroke. This makes it nearly impossible to control distance. You need to smooth out your stroke ASAP.

THE SOLUTION

Grip your putter using only your thumbs and forefingers as shown. Place your left hand at the top of the handle and your right hand at the very bottom of the grip. Set up in your normal stance and make your stroke. If you have any accelerating yip in your stroke, the grip end of the shaft will tilt backward and the putterhead will flip past your hands [left photo]. The only way to keep the putter from “wobbling” is to maintain constant speed. This is a great drill because the finger hold removes your control of the putter and exposes even the slightest trace of the yips.



NO!
Putterhead passing the hands indicates yips.

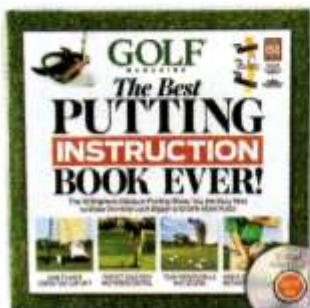
YES!
Constant speed makes you smooth.

This thumb and forefinger grip will tell you if you yip or not.

golf.com/putting



Watch a video of this lesson and learn more about the game's premier putting expert, Marius Filmatter.



The Best Putting Instruction Book Ever!

The latest in the line of *Golf Magazine's* best-selling instruction manuals offers all you need to make the hole look bigger and to sink more putts. Authored by the 10 foremost authorities on the stroke, including Marius Filmatter, Mike Shannon and Dr. Craig Farnsworth, *The Best Putting Instruction Book Ever!* is the single greatest collection of useful putting tips and lessons the game has ever seen. Over 175 pages of tips and lessons with hundreds of full-color photographs and matching video lessons that you can watch on golf.com. Available at your favorite bookstore and golf.com/bestputting.

