



MAKE THE PUTT

with **Marius Filmlalter**, *Marius Golf, Dallas, Tex., www.mariusgolf.com*



Perfect Putts In Five Steps

This “freeze-fixing” pre-putt routine has been a hit on Tour

THIS STORY IS FOR YOU IF...
 1. YOU GET NERVOUS WHEN YOU PUTT.
 2. YOUR STROKE ISN'T SMOOTH.



COUNT “1”
Step in.

COUNT “2”
Take your stance.

COUNT “3”
Look at your target.

COUNT “4”
Look back at the ball.

“5”
Pull the trigger!

THE FAULT / THE FIX

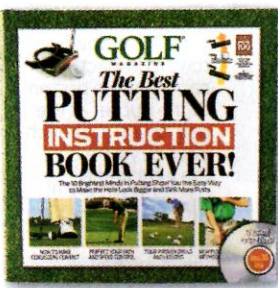
You're facing a tricky 6-footer and you just can't *seem...to...pull...the...trigger*. You freeze—a putting malady that takes you out of your natural rhythm and makes executing a smooth stroke impossible. If this sounds like you, copy Aaron Baddeley, who has had another excellent putting year. Aaron steps in, spreads his feet, looks at the hole, and then he putts. I suggest you set up and then count the steps in your head as you execute them. When you first look down, count “1.” Count “2” as you look back to the ball, and so on [photos above]. Build some tempo into this cycle. You should complete each step in rhythmic time (i.e., don't jump from one step to the next faster or slower than you do for the others). The five-frame cycle is ideal. Anything less than that and you're probably not giving the putt your best effort; anything longer than 5 is treading toward “freeze” territory.

golf.com/putting



Watch a video of this lesson and learn more about the game's premier putting expert, **Marius Filmlalter**.

PHOTOGRAPHY: ANGUS MURRAY



The Best Putting Instruction Book Ever!

The latest in the line of *Golf Magazine's* best-selling instruction manuals offers all you need to make the hole look bigger and to sink more putts. Authored by the 10 foremost authorities on the stroke, including Marius Filmlalter, Mike Shannon and Dr. Craig Farnsworth, **The Best Putting Instruction Book Ever!** is the single greatest collection of useful putting tips and lessons the game has ever seen. Over 175 pages of tips and lessons with hundreds of full-color photographs, and matching video lessons you can watch on golf.com. Available at your favorite bookstore and amazon.com.

